

MENDONOMA HEALTH ALLIANCE

REFERRAL FORM

Please complete the entire referral form in order to ensure seamless collaboration between Mendonoma Health Alliance and your agency. Referral forms can be sent via secure fax to Mendonoma Health Alliance at (707) 412-3196 or delivered in person to our front desk by the patient or referring provider. A Release of Information form is **required** with every referral.

Patient Information			
Patient Name		DOB	
Date of Referral		Phone #	
Patient Email			
Patient Address			
Parent/ Guardian		Phone #	

Referring Provider Information			
Name		Title	
Practice/ Organization Name			
Direct Phone #		Secure Fax #	
Would you like to receive follow-up notes from Mendonoma Health Alliance regarding our work with your patient?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
If yes, please provide preferred method of receiving follow-up information?	<input type="checkbox"/> Phone Call <input type="checkbox"/> Secure Email <input type="checkbox"/> Secure Fax <input type="checkbox"/> Other:		
Additional Info (optional)			

Referring patient for the following services:	
<input type="checkbox"/> Enrollment in "Matter of Balance" Class <input type="checkbox"/> Enrollment in "Healthy Living with Diabetes" or "Healthy Living with Chronic Pain" Class <input type="checkbox"/> Peer Recovery One-On-One Sessions <input type="checkbox"/> Peer Recovery Group Meetings <input type="checkbox"/> Glucometer Consultation & Free Glucometer <input type="checkbox"/> Blood Pressure Cuff Consultation & Free Cuff <input type="checkbox"/> Access to Transportation <input type="checkbox"/> Telehealth Access Point <input type="checkbox"/> Enhanced Care Management (Medi-Cal patients)	<input type="checkbox"/> Community Supports (Medi-Cal patients) <input type="checkbox"/> Care Transitions <input type="checkbox"/> Care Coordination <input type="checkbox"/> CalFresh Enrollment <input type="checkbox"/> Access to food <input type="checkbox"/> Medi-Cal Enrollment <input type="checkbox"/> Emergency Generator <input type="checkbox"/> Access to free Health Management Resources. Please list requested resources: _____ _____ _____ _____

Relevant Medical Information:

Has a Release of Information been completed with this referral? (Please attach if not on file.)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Already on file for this patient
Reason for referral:	

The patient listed on this form has provided verbal or written consent for Mendonoma Health Alliance to reach out to them directly to coordinate services listed on this form: Yes No

Signature of Referring Provider

Date

Services Definitions

Matter of Balance	8-week fall prevention class focused on cognitive behavioral changes related to fears associated with falling. Includes exercising to improve strength, balance, and flexibility/range of motion.
Healthy Living Class	6-week class focused on helping people set and achieve health goals.
Peer Recovery One-On-One	One-on-one meeting with a Peer Recovery Coordinator to support recovery from addiction.
Peer Recovery Support Group	Weekly confidential group meetings led by a Peer Recovery Coordinator
Glucometer Consultation	30-minute educational session on proper use of glucometer and how to log results
BP Cuff Consultation	30-minute educational session on proper use of blood pressure cuff and how to log results
Access to Transportation	Coordination of local and out-of-town transportation for medical appointments. All ride requests must be placed at least 72-hours in advance.
Telehealth Access Point	MHA staff can assist patients in connecting to telehealth appointments at our office.
Enhanced Care Management	Personalized care management for individuals with complex medical and social needs. Only available for Medi-Cal eligible patients.
Community Supports	Housing navigation and housing sustainability services. Available for Medi-Cal eligible patients.
Care Transitions	30-day program that assists patients with a safe transition back home from the hospital.
Care Coordination	Healthcare management that involves organizing and facilitating the delivery of healthcare services to ensure that a patient's needs are met in a comprehensive and efficient manner. The goal of care coordination is to enhance the quality and continuity of care, improve patient outcomes, and optimize the use of healthcare resources. Services are free, regardless of income.
CalFresh Enrollment	Assistance with enrollment in the government food benefit program. Must be income eligible.
Access to Food	Access to basic food essentials to help in emergencies and when families or individuals are experiencing food insecurity.
Medi-Cal Enrollment	Assistance with enrolling for health insurance coverage for low-income people or families.
Emergency Generator	Generators are provided for free to patients that need electricity for life-sustaining medical devices during a temporary or long-term power outage. Patient will also receive safety instruction for proper use. Patient must be able to pay for the fuel associated with running the generator, unless other funding arrangements have been made with MHA.
Access to Health Management Resources	Distribution of resources that help improve the health and wellness of individuals in the community and the community at-large. All resources are free. Available resources include: <ul style="list-style-type: none"> • Portion plate & measuring cups • Scale • Pill box • Narcan • Durable Medical Equipment • Medication lock bag • Fentanyl test strips • Pulse oximeter • COVID at-home tests

Mendonoma Health Alliance

39251 CA-1, Gualala, CA 95445 PO Box 1196, Gualala, CA 95445 (707) 412-3176 www.mendonomahealth.org

Mendonoma Health Alliance is a 501c3 non-profit organization. Our mission is to improve local access to wellness education, prevention services and quality healthcare through creative solutions in collaboration with the community.