

MENDONOMA HEALTH ALLIANCE

Newsletter

August 2024

A Smiling Success



Another collaborative partnership paid off well on July 18th, when [Santa Rosa Memorial Hospital's \(SRMH\) mobile dental team](#) made their way up the coast to deliver dental care to children in the Mendonoma community. Mendonoma Health Alliance (MHA) and SRMH have been developing the mobile dental program since late-2023. Thanks to generous donations from the community and grant funds from the [County of Sonoma Board of Supervisors](#), MHA was able to purchase all of the necessary equipment to hold pop-up dental clinics on a regular basis. [Fort Ross](#)

[Elementary School](#) is another key partner in this project, providing their facilities for our teams to set up and deliver services. July's clinic underscored how critical mobile dental services are in our community. Notably, 73% of the children served had never visited a dentist before, and 82% had cavities requiring follow-up treatment and/or oral surgery.



The next dental clinic is scheduled for Thursday, August 15th. See the flyer below for more details. To register your child for dental services, [click here](#) and someone from our office will follow up to confirm the appointment time.

MOBILE DENTAL SERVICES



Affordable dental services provided by professionals right in your neighborhood, ensuring your child's smile stays bright and healthy!

Our next service date is **Thursday, August 15th** at Fort Ross Elementary School, 30600 Seaview Road, Cazadero. Appointments are available from **9:30 a.m. – 2 p.m.** The clinic provides dental exams, x-rays, cleaning, sealants, and referrals for children ages 0-16.

Our goal is to ensure every child has access to quality dental care, regardless of their family's ability to pay. We work with you so that dental care fits within your budget by offering sliding scale payments based on your family's income. If you qualify, services are completely free. Dental insurance or private pay are also accepted. To schedule an appointment for your child, call (707) 412-3176 x 102 or send an email to info@mendonomahealth.org. You can also register online at <https://forms.gle/4PydKvLh97sqGc7M8>.

Need transportation to the dental clinic?

When you book your child's appointment, make sure to ask for help scheduling a ride.

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MENDONOMA HEALTH
ALLIANCE



Celebrating Our Wellness Warrior



If you've ever wondered how Mendonoma Health Alliance (MHA) has consistently expanded while maintaining high-quality, client-centered programs, the answer lies in our exceptional team of talented, dedicated, and tenacious individuals. Two of those individuals are our most senior Community Health Workers (CHW), Heather Regelbrugge and Stephanie Chapman. This July, Heather celebrated the completion of her 7th year, and Stephanie her 6th year. Heather was our first CHW, hired in 2017, and Stephanie was our second, hired in 2018. Dynamic and smart – with dozens of certifications and achievements under their belts – both women have been involved in every step of program development, sustainability, assessing community needs, and monitoring program quality, while delivering personalized services to every client they've worked with. MHA would not be where it is without them. As we move into our 8th year of service to the community and are at the brink of a major staffing expansion, Stephanie and Heather have been promoted to management positions. "I can say with full confidence that the future of our organization is in good hands with Stephanie and Heather overseeing our growing team of Community Health Workers and Peer Recovery Coordinators," said Micheline White, Executive Director. Micheline continued, "I think it's imperative to acknowledge the positive impact Stephanie and Heather have had in our community. I invite the community to send them cards in recognition of their service to the address listed below."

PO Box 1196
Gualala, CA, 95445

Emergency Response: MHA's Role in The Community and How to Get Involved

Since we began providing services in 2017, we have done our best to provide support to the community during local emergencies and inclement weather that causes a disruption in the lives of residents. For example, we work with South Coast Volunteer Fire Department to distribute loaner generators during extended power outages and to give away go-bags with chargers, blankets, and water. We've also worked with the Community Foundation of Mendocino County to distribute just under \$80,000 directly to individuals and families that were financially impacted by the pandemic and the storm disaster of January 2023. Additionally, our Community Health Workers provide home visits to check on vulnerable community members and to deliver resources, such as blankets and food, during times of extreme weather. Now that we've been exposed to a variety of situations requiring response, we've begun to understand where there are gaps in resources during emergencies and what we, as a local organization, have the capacity to provide during those times.

Over the last 18 months, MHA has been working to increase our response, coordination, and collaborative capacity through memberships in the Mendocino County VOAD (Volunteer Organizations Active in Disaster), the Sonoma County COAD (Community Organizations Active in Disaster) and Hubs & Routes, which is a Mendocino County grassroots project (for more on Hubs & Routes, see the article below). Each membership helps to pull in regional resources to assist our community during turbulent times. A component of our work with the Sonoma County COAD includes the development of a Continuity of Operations Plan (COOP), which has helped us identify gaps in staffing, resources, community-wide communication, and response capacity through tabletop exercises that require real-time responses to hypothetical emergencies and disasters. While there are a handful of internal gaps identified, such as communication and connectivity infrastructure, there are also gaps that the community can help close. Those gaps include the development of a volunteer response team; the expansion of our list of vulnerable community members who need to be checked on during disasters/emergencies; and an expanded list of individuals who rely on electricity for life-sustaining medical equipment. To add your name to one or more of these lists, click on the appropriate link below.

I want to volunteer and become a part of Mendonoma Health's disaster response team: [Click Here](#).

I want to add my name to the list of individuals who would like to be contacted during disasters or emergencies: [Click Here](#).

I want to add my name to the list of individuals who require electricity for life-sustaining medical equipment: [Click Here](#).

Thank you for helping us build capacity to better serve the community at-large.

Hubs and Routes

The following information was provided by Drew Davis of Hubs & Routes.

Hubs & Routes provides readiness tools for the Mendocino Coast and trains people in their use.

Ocean rise and earthquakes can isolate the land masses between rivers along our coast, creating what we call islands. Because we rely on Highway 1 for northbound and southbound travel, we want to help each "island" prepare for self-sufficiency. Hubs & Routes provides tools for coordinating neighborly exchanges of warm shelter, unspoiled food, and other basic resources and skills. That way, emergency responders can focus on what only they can do. We also map alternate routes for use in post-disaster times when Highway 1 is blocked. Check out our bilingual website, and download our mobile maps that show where you are in the local landscape as you travel.

A Public Hub is an organization that offers at least one resource to the public, posts emergency maps, and has leaders who can do Leaders' Searches in the Hubs & Routes database. Mendonoma Health Alliance (MHA) is registered as a Public Hub. This means you can go to MHA during an emergency and for help with accessing available resources. MHA will coordinate with other Public Hubs to exchange resources as well. No one Hub can have all the skills and resources that everyone will need, but with coordination they can pull each other through.

Community members can sign up as a Private Hub to confidentially list what resources they can provide during disasters or emergencies. Private Hub entries can only be accessed by trusted Public Hubs that have agreed to keep Private Hubs confidential.

There are three ways you can sign up:

1. On your own online (website: <https://hubsandrouten.net>);
2. At the Coast Community Library on or after September 14, with help from a librarian;
3. Or at a big event called “The Expo” at the Point Arena High School gym on Wednesday, September 25. Doors will be open from 2:15 to 4 p.m. and will offer interactive enrollment as a Private Hub, along with activities for family fun.

Hubs & Routes is a grassroots project of the Social Good Fund (a nonprofit organization). The project began in 2019 and has received grant funding from the Community Foundation of Mendocino County



Mendonoma Health Alliance would like to thank [Further Reach](#) for its ongoing support and discounted services to our nonprofit organization. We appreciate your support and excellent customer service.

Join our team! We're hiring!

Mendonoma Health Alliance is hiring a part-time Human Resources (HR) position and two part-time Peer Recovery Coordinators. The job listings, job descriptions, and salary information are provided below. All three positions are now open and accepting resumes. To apply, please email a resume to micheline@mendonomahealth.org

Human Resources

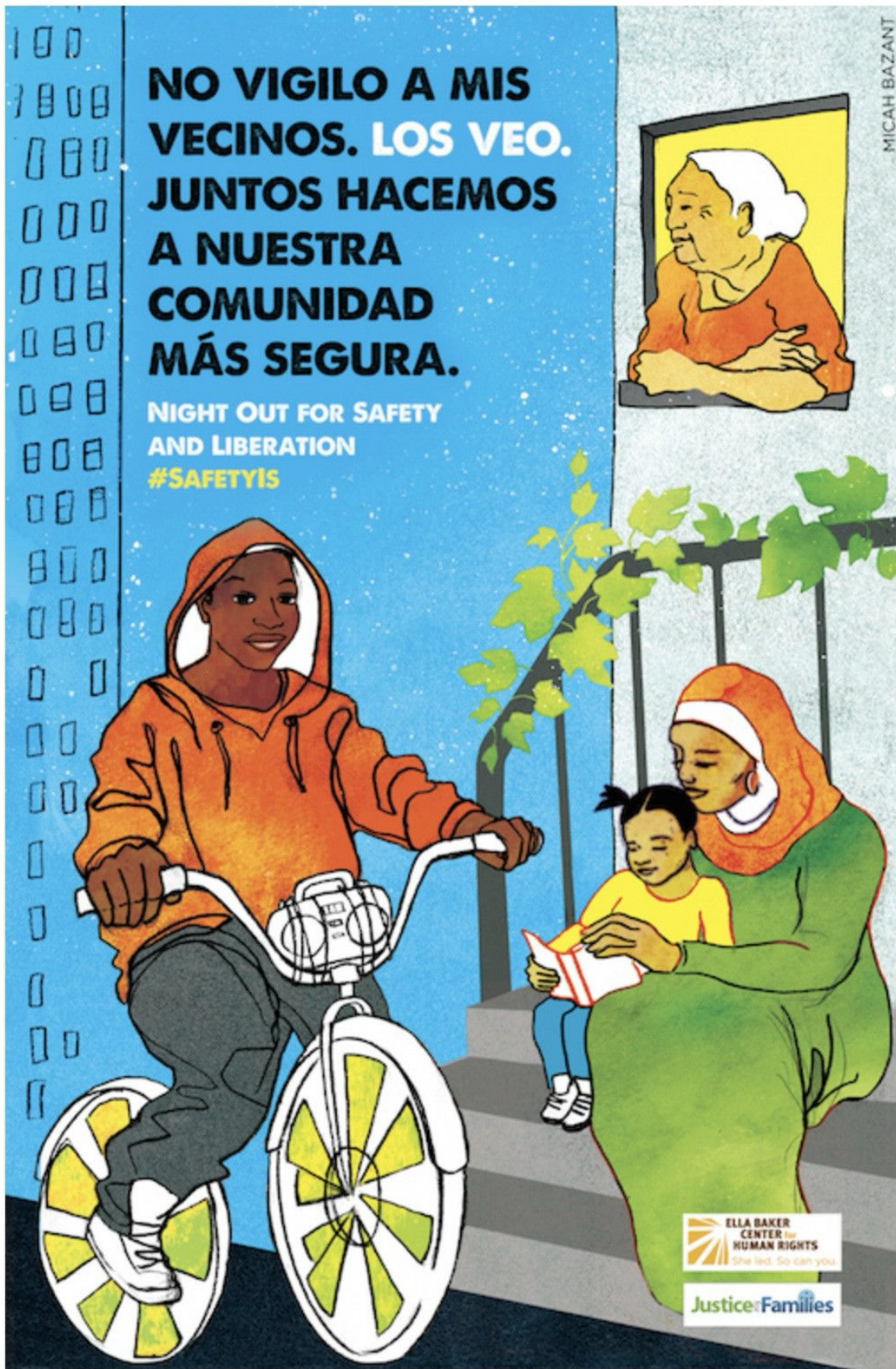
MHA is seeking a motivated and experienced Human Resources Specialist to join our team. This is a **part-time position (24 hrs/wk)** with the following **benefits**: dental, vision, and helicopter insurance, along with a gym membership and a retirement program that provides company contributions. **Salary scale: \$28-\$40/hr**, depending on experience. Must have reliable transportation. Position currently open – start date negotiable. The perfect candidate is someone who is able to positively implement company policies, foster a positive and equitable work environment, and stay up-to-date on local, state and federal employment regulations. This role will be responsible for recruitment, employee orientation and oversight for training completion, employee relations, and compliance. This is an excellent opportunity for someone looking to contribute to a growing company while maintaining a flexible work schedule. Required qualifications are: bachelor's degree in Human Resources, Business Administration, or related field; minimum of 2 years of experience in a human resources role; strong knowledge of HR practices and employment laws. The selected candidate must be able to handle confidential information with discretion and must be an excellent communicator who possesses good interpersonal skills.

[Click here](#) to see the full job description.

Peer Recovery

MHA is seeking a Peer Recovery Support Coordinator to work in our Peer Recovery Program. This is a **part-time position (20 hrs/wk)** with the following benefits: dental, vision, and helicopter insurance, along with a gym membership and a retirement program that provides company contributions. **Salary scale: \$25-\$32/hr**, depending on experience. Must have reliable transportation. Position currently open – start date negotiable. The perfect candidate is someone who is excited to help others in the community overcome addiction. The individual must be reliable, organized, demonstrate good communication skills, and the ability to provide support in a positive, welcoming environment. All applicants are required to have lived experience in recovery with a minimum of three years in recovery. Responsibilities include: developing and scheduling a calendar of regular activities for group sessions; promoting the recovery program; learning and modeling effective recovery strategies; working collaboratively with Community Health Workers to meet the needs of the recovery community; and ensuring confidentiality of group participants. Spanish speaker preferred.

[Click here](#) to see the full job description.



**NO VIGILO A MIS
VECINOS. LOS VEO.
JUNTOS HACEMOS
A NUESTRA
COMUNIDAD
MÁS SEGURA.**

**NIGHT OUT FOR SAFETY
AND LIBERATION
#SAFETYIS**

**ELLA BAKER
CENTER for
HUMAN RIGHTS**
She led. So can you.

Justice Families

Night Out for Safety and Liberation and **Fire Safe Point Arena** are both about creating and sustaining safe, resilient neighborhoods. To continue to build a community that will sustain us, we need to know all of our neighbors, support all of our neighbors, see all of our neighbors... Join us in the park to eat, play & connect with your neighbors.

Donations from the community help support our ability to provide free services to all, such as health screenings, Care Coordination, and free health management devices (blood pressure cuffs, scales, glucometers, etc.). All donations are tax-deductible.

Donate Today!

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Mendonoma Health Alliance
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Gualala CA 95445

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