**For Immediate Release**

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**Mendonoma Health Alliance Announces Open House Event**

**(Gualala, CA – March 29, 2022)**

 Mendonoma Health Alliance (MHA) will hold an Open House event on Saturday, April 16, from 10 a.m. – 1 p.m. at its new location in Gualala. The event will feature live music by the Fogline Musicians Guild, free raffles, and treats from local eateries. The entire community is invited and encouraged to attend.

In mid-March, MHA moved from its old office near Cypress Village to downtown Gualala in the Sundstrom Mall, across from WestAmerica Bank. “MHA began providing services in July 2017,” said Micheline White, Executive Director. “As we have expanded our services, the number of community members we serve has increased by 507% between 2019 and 2020, and then another 39% between 2020 and 2021. We outgrew our previous location and recognized the need to be more physically present in town so that services are more accessible.” White continued, “The purpose of our Open House event is to welcome the community into our new office space, to get to know community members, and to increase awareness of services provided by Mendonoma Health Alliance.”

MHA serves all residents living in the coastal communities of Timber Cove through Irish Beach and inland to Annapolis and Stewarts Point, regardless of age or income. Many of MHA’s services are mobile and/or include home visits. Services include free health screenings for blood pressure, cholesterol, A1C, COVID-19, HIV, and Hepatitis C; Care coordination for people who need help navigating their health care and need access to resources to live a healthy life; Care Transitions, which helps people transition home after being in the hospital by coordinating transportation, medications, follow-up labs and appointments, etc.; free minor medical equipment distribution (blood pressure cuffs, glucometers, scales, pill boxes, portion plates, and more); substance and opioid use prevention programs; access to telemedicine appointments for behavioral health and addiction treatment; outreach; and community education workshops and health classes.

MHA is a non-profit organization that is partially federally funded by the Health Resources and Services Administration and the Arlene and Michael Rosen Foundation, and relies on contributions to provide free services. To learn more about MHA’s services visit www.mendonomahealth.org. To learn more about the Open House event at 39251 Highway 1 (Sundstrom Mall) on Saturday, April 16, call (707) 412-3176 x 102 or email info@mendonomahealth.org.