

Cooking Class – May 27th



Julie Bower's 2nd Recipe is SHEET PAN CHICKEN With Vegetables & Noodles

INGREDIENTS

- 8 Chicken Drumsticks (3lbs)
- 2 16oz bags or 8-10 Cups of Mixed Frozen or Fresh Vegetables
- 1 Diced Onion (medium)
- Olive Oil
- 16oz Bag of Egg Noodles
- Salt & Pepper
- Variety of Spices (paprika, Italian seasoning, garlic powder, curry powder, thyme, oregano, dill, garam masala, cumin, coriander, turmeric, ginger)

EQUIPMENT

- Knife
- Foil
- Thermometer
- Spatula
- Cutting Board
- Sheet Pan
- 1 Large Pot
- Tablespoon
- Measuring Cup (1 cup)
- Strainer for Noodles
- Serving Spoon
- Tongs (preferable 2 pairs)

Notes: Vegetable Choices

Green beans, bell pepper, broccoli, corn, cauliflower, peas, zucchini, mushrooms, celery, corn, eggplant, mushrooms, potatoes, carrots, sweet potatoes

Join Zoom Meeting @ 5:30 PM
<https://zoom.us/j/98255845396>