



# **FREE!!! YOUTH MENTAL HEALTH FIRST AID CLASS**

**MONDAY, JUNE 17 9AM - 3PM**

**ACTION NETWORK FAMILY RESOURCE CENTER**

39144 OCEAN DRIVE STE 3&4 GUALALA, CA 95445

***Common Signs and Symptoms of Mental Illness and  
Substance Use in Adolescents***

**How to interact with a youth in crisis and connecting  
them with help/resources**

no experience or background in counseling or mental health necessary

Register here: <http://mcoe.k12oms.org/1960-166581> or Call Action Network to register  
(707-884-5413)

**WWW.ACTIONNETWORK.INFO  
707-884-5413**



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