



FREE!!!

YOUTH MENTAL HEALTH FIRST AID CLASS

MONDAY, JUNE 17 9AM – 3PM

ACTION NETWORK FAMILY RESOURCE CENTER

39144 OCEAN DRIVE STE 3&4 GUALALA, CA 95445

**Common Signs and Symptoms of Mental Illness and
Substance Use in Adolescents**

**How to interact with a youth in crisis and connecting
them with help/resources**

No experience or background in counseling or mental health necessary

Register here: <http://mcoe.k12oms.org/1960-166581> or Call Action Network to register
(707-884-5413)

www.ACTIONNETWORK.INFO
707-884-5413

